



B.E.A.R. MINISTRY, INC
PRESENTS

YOUTH MENTAL HEALTH AWARENESS

“UNDERSTANDING THE SIGNS – SUPPORTING OUR YOUTH”

DATE: SATURDAY, SEPT. 20, 2025

TIME: 11:00 AM – 1:30 PM

LOCATION: FAITH BAPTIST
CHURCH-MADISON HEIGHTS

THIS EVENT IS FREE

MANY OF OUR CHILDREN AND YOUNG TEENS ARE
QUIETLY STRUGGLING WITH MENTAL HEALTH
CHALLENGES.

COME LEARN HOW TO RECOGNIZE THE SIGNS,
UNDERSTAND THE SYMPTOMS, AND GAIN TOOLS
FOR EARLY INTERVENTION AND SUPPORT.

WHAT TO EXPECT:

- RECOGNIZE SIGNS OF MENTAL HEALTH ISSUES IN YOUTH
- HEAR FROM PROFESSIONALS WITH REAL-WORLD EXPERIENCE
- ACCESS RESOURCES FOR EARLY SUPPORT AND INTERVENTION
- BULLYING AWARENESS
- FREE MENTAL HEALTH RESOURCES
- LUNCH WILL BE SERVED

GUEST SPEAKERS:



**SARAH WALLACE – SCHOOL
COUNSELOR**

WITH YEARS OF EXPERIENCE
SUPPORTING CHILDREN AND
TEENS, SARAH SPECIALIZES IN
MENTAL HEALTH AND TRAUMA-
RELATED CHALLENGES.



**KAREN CARLSON – SCHOOL
SOCIAL WORKER**

KAREN BRINGS HER INSIGHT
FROM BOTH SCHOOL SETTINGS
AND HER WORK IN
PSYCHIATRIC INTAKE AT A
LOCAL HOSPITAL, PROVIDING A
WELL-ROUNDED VIEW OF
YOUTH MENTAL HEALTH NEEDS.

**LET'S COME TOGETHER TO SUPPORT
THE MENTAL WELL-BEING OF OUR
YOUTH.**

**QUESTIONS?
CONTACT US AT:**

B.E.A.R. MINISTRY, INC.

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